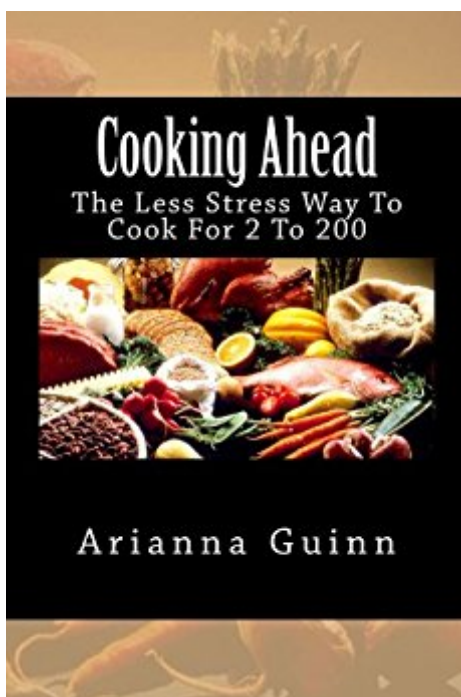


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# Cooking Ahead - The Less Stress Way To Cook For 2 To 200



## Synopsis

This book tells the story of how we learned to cook ahead for work, parties, the unexpected, and even a large wedding. Full of tips and tricks and over 60 recipes, including many crowd-sized recipes, it will help you save time and money with less stress. Scroll up and click "buy now" to start reading.

About The Author Arianna has been cooking for her family and friends for most of her life. When she was diagnosed with breast cancer, her family and friends got to cook for her. With that loving support and a positive outlook, she won her battle against cancer and regained her health.

## Book Information

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## Customer Reviews

There is a lot of potential, and plenty of good cooking tips, in the Cooking Ahead: The Less Stress Way to Cook for 2 to 200. Unfortunately the layout and design of the cookbook is a bit lacking. In particular it would have been a real plus to have had a linkable (active) table of contents for the recipes. Instead, the author chose to lump all the recipes in one chapter called Recipes. Yes, the recipes are there but you will have to dig through the chapter to find the recipe you want. The author also chose to link recipes throughout the cookbook using a menu format. Below are some of the

recipes you will find in this comprehensive cookbook:GoulashSwedish MeatballsGrilled Sirloin and Butter Parmesan Bow-Tie PastaPotato SaladParmesan Green Beans with Bacon (I suspect the author meant Parmesan here)Mongolian SauceYou will also find tips and ideas on how to stock your pantry for almost any occasion. At the end of the book is a whole section on how to prepare and cook a meal for 200 people. I was impressed.Recommend with caveats given.

I like how most of the recipes use basic ingredients because I do a lot of cooking from scratch. I cook for 10 people daily and am planning to use some of her techniques and recipes to get ahead on our meals. I am especially looking forward to having meals prepared ahead of time when we have 20 plus family members home for the weekend and I can spend more time with family instead of in the kitchen.She tells how she got food ready ahead of time for 200 people, and takes us through her cooking process. Her crowd size recipes feed 40-50 people. I have had to cook for 150 people a couple of times and it would have been nice to have her crowd size recipes!One feature I like is the table of contents, when you click on a recipe in the book and it goes right to the recipe. She talks a lot about which foods she freezes ahead of time and which ones she prepares and puts into the frig. It would be nice if she were to add right in the recipe whether it freezes well, and if it needs to be thawed or if it can go straight into the oven or crockpot. I always wonder if I need to cook it and then freeze it, or partially cook it, or if it can just be assembled and frozen.

Have not had much time to check this out thoroughly, but what I have read and glimpsed, I know it will be of value to us. My church congregation plans luncheons and dinners at least once a month, and I look forward to using this cookbook when we plan our next gathering.

With Cooking Ahead, I have had better success at getting things together to make what my maternal grandmother called "plan over" meals. She never had "leftovers"; she planned to have enough to eat at least one other time. Here is to Arianna Guinn and my Grandma for showing that it is possible for little, old me to do this, too.

If you are just starting out in the kitchen, this could be a very helpful book. Since I have been cooking for over 40 years, I have already figured most of this stuff out. I didn't really learn anything, and thought the recipes were very basic.

I enjoyed reading the author's personal stories interspersed with the recipes. While most are not

something I would make, it did give me ideas on what to do for my own family. I was really intrigued with the idea of cooking for so many.

For those who are planning a big party, family get together or other large group function, there are some interesting and not too complex recipes. The author seems to have many such occasions and has developed time and food saving steps.

What a great read! Can't wait for my wife to start using the tips so I can have some of these delicious ideas for lunch (so much healthier than my current menu which consists of meals made by Wendy McDonald). My personal feeling is that no person should have to live life without having a piece of Arianna's breakfast pizza. Simply put, it is to die for!

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